



FTMS
Filipino Tribe
Mission
Sweden



NEWSLETTER

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PREFACE

We have received a report from the visit at SMC ophthalmology department, and Dr Jaimenito Go. A visit that was arranged to our cornea-patient's parents, to give them an opportunity to get better sight, and in this issue we tell you about the findings.

The month of July is known in the Philippines as "The Nutrition Month", and is a part in a national government project to enable as many as possible to know more on how to get as nourished as possible. Different organisations are aiming different target groups, and on our behalf, it is with joy we see to that we now has been able to start up a continuous help to parents in the Mamanwa tribe to reach vitamins and minerals on a daily basis. At the same time the youngest get food supplements, it is too, given supplements to breastfeeding and pregnant mothers and taught how to make it possible to nourish correctly through own supply.

During the month of July, we were, thanks to a new sponsor, been able to enrol a six year old tribal girl to preschool. We are now hoping that we, together with teachers, therapists and principal, will encourage the child to proceed throughout her whole elementary education. At the same time with school starting in June, we also have scholastic



distributed to our godchildren and for the groups to which we in particular have taken responsibility for. You are important to us in this work to give more children ability to attend education, get daily nourishment and not to be teased.

Together we give many children and adults a brighter future. If you are not yet a sponsor to any child or project; please, register as soon as possible.

1. Visit to ophthalmology at SMC



A day in May, our co-operators in FTMW, Jeniffer and Juralyn, travelled to Surigao City together with the parents of our patient Marit to undergo an ophthalmology examination with Dr. Jaimenito Go at SMC, Surigao Medical Center.

Jeniffer and Juralyn left Adlay early in the morning to meet the couple Zalar in Taganito. Taganito is located along the highway between Adlay and Surigao City. The distance between Adlay and Surigao City is 125 km one way.

When they arrive in Surigao City they waited at their turn in the waiting room.



First in line was Marit's father Lorenzo.

Because he's never been on eyesight examination before, nobody knew it not absolutely certain what type of problem he had with his eyes.



Only because of his age, it was taken for granted that he probably had cataract, something that is very common as we get older, and that most people on Earth develop sooner or later, according to Dr. Go.

Unfortunately, it turned out that Lorenzo probably had the same problem as his daughter when he was young, that is, that he received A-deficiency due to measles in young age.

He showed the same kind of stain on the cornea, as his daughter.

Unfortunately, he is now too old to get this more complicated operation because the eye under the cornea, in turn, may have developed age-related vision disabilities that now can't be measured.

Lorenzo has, however, received advice that can help him with the sight he has remain so that it doesn't get worse because of additional vitamin deficiency.



Next in line was Marit's mother, Marquitas, turn to get an examination.

Marquita has not expressed her to have any problem with her sight, and the examination did not show any abnormalities to her age. She is not yet in need of glasses, which is really positive.



After examinations done, they went downtown city, where FTMW offered them a lunch before it was time for going back home.



It was, in itself, with gloom as the couple Zalsar travelled back to the house again in the afternoon.

The hope for all those involved, including Dr. Go, was that it would have been cataract, which is now relatively easy to fix and not as now is the case: A-deficiency.

The second objective of this trip was achieved, however, with better results, and it was that Lorenzo would get an in-depth look at how ophthalmologists are working. So that he will understand that the treatment which is now waiting for his daughter, Marit, is not an invention or an impossible operation, but which must be addressed while she is still young.

When it comes to their daughter's operation on DMC, Davao Medical Center, drag this out at the time when the hospital due to internal negligence did not clearly illuminated NCIPs officer Maceren that the cornea should had been booked in advance and money deposited before Thor and Maceren left DMC.

On the hospital's centre for buying-in, has been looking for patient's records, which also disappeared due to carelessness after visit, but which now, thanks to FTMW's new co-operator, Nerissa Rivera, is found again by the hospital's staff, which apparently incorrectly filed documents.

2. Nutrition Month July



Each month has a learning objective in the Republic of the Philippines and the month of July is Nutrition Month.

Since, in FTMW/FTMS we have several collecting projects, which aim to nourish children and adult, it is natural that we participate in this national event, and give help locally where we are. We give aid, of course, every month, but July, in particular, is the month it is done officially to show to the public the importance of correct nourishment.

The projects involving nutrition and nutritional teachings include: **School Meals**, which is to give children in pre- elementary and High School, one meal per day, **Child Health Care** helps malnourished children to recover through food supplementing, and that their parents learn how to vary the food to get all vitamins and minerals the body need, **The Mamanwa-project**, which is a tailor-made project for the Mamanwa tribe, to know how to cultivate and produce to supply their own families.



The money we receive is shared within the different projects, as they are given, then we invite parents and children to go through the project and make an estimation for how long the money will last. Precisely these projects, we want them to continue current, and we are very happy for those sponsors which contribute monthly.



Juralyn, who help us with Mamanwa training, is seen together with two of the mothers and their children. Inday, the mother to the left, were some years ago, one of our elementary students.

The Elementary school allowed that Mamanwa attended teaching in spite they were too old. Mamanwa have no experience of school education within their families.

The positive with Inday is that she knows what it are like to be a child and a student at the school without food in her belly. Therefore, she is very keen that her children should receive proper nourishment so they don't have to suffer as she had. Inday is still malnourished and is now a member in our program for mothers.



After all children and mothers received nutrition and education, they will walk in the darkness, they return to their small settlement approximately five minutes walk from our Office.

We are careful that the mothers shall understand that they shall not allow themselves to be tempted to buy powdered milk or other supplement on behalf on the benefits of breastfeeding, but that breastfeeding is the most important nourishment a child can get his first year at life, or as long as possible. It is common for women, "Peter out" due to various causes, but we encourage them to take care of their health, as far as possible, given the resources available.



In this work are then fathers very important, because it is them who provide a livelihood for his family through work.



The children, who are really unhealthy due to inadequate nutrition in the diet, get nutritional supplements by us after the doctor's prescription.



Children who we judge suffering from malnutrition, or if parents come to us and are worried about their children, we take to the doctor for a health examination, where the doctor writes out an instruction on what the child needs extra of, as well as how the child will get the nourishment in the period up to the next medical examination.

Thanks to the contributions we receive from our sponsors and godparents we can assist children and parents with this help. Our project number is: **CYP1100 Child Health Care.**



This means providing nutritional supplements in the form of vitamins, minerals, protein, and other food, is done in different ways.

Depending on the parents wishes and our possibilities, we are going to their home, and shows the family and neighbours how to do and what to think about. Sometimes they come to our Office, and sometimes we meet in a public place which the society allows us to use for this purpose.

3. Miscellaneous

For more information about events, see information and follow the links from our website at www.tribemission.com. There you can too fill out a form to be a sponsor to a child or a project. You can too send us a mail to our address as stated on the last page.

Lectures/Events

If you want to book us to come, and that you will know more about the Philippines, and our local work there, please contact us on given numbers or e-mail as shown last in this newsletter.



Observe that we are pleased to come, if so only, for the sake of the information, for instance, the life in the Philippine provinces, and about how to help to own support. Information which can be well for use to, for instance, school youth, scouts etc.



It is you that decide the theme in cooperation with us, for instance, in connection with the UN-day, or any international engagement, or theme day at your work. School – Organization – Company – does not matter.

I ask our deepest and warmest thanks from me and our co-operators for your engagement. Please, talk with a friend about the possibility to be a sponsor to a child or to any of our many projects in the Philippines.

God's peace

Thor Klaveness

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Sponsorship fee

The monthly fee for a godchild is €20/SEK200 or €15/SEK150 for group sponsor and can be paid as follows:

1. By autogiro
2. By payment card/bill which can be paid monthly, quarterly, half year or own choice.
3. Transfer from abroad to our IBAN account number

When paid within Sweden, payment can be done to account shown lowest this page.

Payment from outside Sweden, pay to:

NORDEA Sweden

IBAN: SE31 9500 0099 6042 0418 2960

SWIFT: NDEASESS

Internet pages:

Homepage for the network:

www.tribemission.com

Filipino Tribe Mission Sweden's homepage:

See **FTMS** in task bar

Filipino Tribe Mission Welfare's homepage:

See **FTMW** or Philippines in task bar

Godchildren:

See **Child sponsor** in task bar

Projects:

See **Ongoing Projects** in task bar

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NOTE

This Newsletter is written to reach people not common with the Filipino culture. To tell about the way Filipino's lives and give an opportunity to help where help is needed.

We are in no way participating in any political movements, but are involved to lift the knowledge to have patience and ability to live side by side with one another. Notwithstanding if it belongs to be to Filipino's or other.

If you want to contribute with your own experiences and/or knowledge, please feel welcome. News in our newsletters is solely based on facts from Filipino's and experiences from other within the Philippines itself. We belongs to different cultures, therefore it is sometimes different viewpoints on the news.